

June 14, 2011**Shares Issued and Outstanding: 38,178,069****TSXV: PCV****PACIFIC CASCADE FILES NI 43-101 REPORT ON EL CENTANARIO PROPERTY****June 14, 2011****TSX-V: PCV**

Pacific Cascade Minerals Inc. (the Company) is pleased to announce the receipt of the NI 43-101 report (the "Report") on the El Centenario property in Durango State, Mexico authored by Mr. Derrick Strickland P.Geol., a Qualified Person for the purposes of NI 43-101. The El Centenario property comprises 12 contiguous mineral concessions totalling 9845.5 ha located in Durango State, Mexico. The Company has the exclusive right and option to acquire a 70% undivided interest in the property from Arcelia Gold Corp. (Arcelia) as described in the Company's news release of April 27, 2011. The transaction with Arcelia is subject to TSX Venture Exchange acceptance.

Nine independent grab samples were obtained by the author from the three main mineralized showings, La Esperanza showing, samples CT11-01, 02 and 03, the Santa Margarita showing, samples CT11-04, 05, and 06 and the Cerro de Oro showing, samples CT11-07, 08 and 09. The results of the analysis are shown in the table below:

Sample No	Au AASGT g/t	Ag g/t	Cu ppm	Fe%	Pb ppm	Zn ppm
CT11-01	3.283	110	692	5.83	1960	16900
CT11-02	2.067	1723	1850	1.17	56300	51300
CT11-03	0.551	1483	3510	0.97	63800	45300
CT11-04	0.414	51	218	2.27	807	1400
CT11-05	0.524	50	347	1.69	1510	1870
CT11-06	0.52	14	15	1.37	1050	870
CT11-07	0.889	171	86	1.93	1130	1630
CT11-08	5.515	187	31	1.55	540	948
CT11-09	7.473	1007	51	1.79	381	521

The property is in a favourable geological setting. The close proximity and similarity of other mineral prospects in the area and the abundance of old mine workings, the high grade nature of the assay values and the lack of any systematic exploration, all contribute to make the El Centenario property a promising grass-root exploration project.

The company is planning a two phase \$1,000,000 USD exploration program with Phase One consisting of detailed mapping and sampling of the La Esperanza and Santa Margarita showings and contingent on results a Phase Two, 2,000 metre drilling program.

The Report has been submitted to the TSX Venture Exchange for review. Upon acceptance by the Exchange, the Report will be made available on SEDAR and the Company's web site www.pacificcascade.ca.

The technical information provided in this news release was reviewed by Derrick Strickland P.Geol., a qualified person for the purposes of National Instrument 43-101.

ON BEHALF OF THE BOARD OF DIRECTORS,

"Harold Forzley"

FOR FURTHER INFORMATION PLEASE CONTACT:

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The TSX Venture Exchange has in no way passed upon the merits of the proposed transaction and has neither approved nor disapproved the contents of this press release. We seek safe harbour